Wednesday, February 12, 2020
at Kealakehe High School

- Vote in our Chapter and State Elections!
- Hear important updates about the Teacher Shortage Crisis!
- Full breakfast provided, hot foods, fruit, coffee, and more!
- Many different workshops! Learn about everything from Pre-Retirement to Financial Wellness and Planning!
- Vendors
- Prizes including gift cards, parasailing, tours and more *must be present to win
- Network with other teachers

Parking provided on the KHS Parking Lots. Carpooling highly suggested.

<table>
<thead>
<tr>
<th>Schedule</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:15 am - 8:45 am</td>
</tr>
<tr>
<td>8:45 am - 9:45 am</td>
</tr>
<tr>
<td>10:00 am - 10:45 am</td>
</tr>
<tr>
<td>11:00 am - 11:45 pm</td>
</tr>
<tr>
<td>12:00</td>
</tr>
<tr>
<td>7-9 am/10am-1pm</td>
</tr>
</tbody>
</table>

For more information, please check our website www.hsta.org/Events/Institute-Week or contact Jill Jacobs at JillyBean05@gmail.com
Register by 2/9 at bit.ly/KonainstituteReg2020 or use QR code
Special Prize drawing for those who register

Teacher Institute is a contractual work day for all bargaining unit 05 members. Sign-in for the day is at the event registration, not at school sites. See you there!

Rev 01.21.2020
### Breakout Sessions

<table>
<thead>
<tr>
<th>Session Title</th>
<th>Description/Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hawaii HomeOwnership Center: Assistance Program Review</td>
<td>An overview of various first time home buyer assistance programs. How they work? What are the qualifications? What is required? How to apply? This workshop is meant to instil hope that home ownership can still be achieved in Hawaii.</td>
</tr>
<tr>
<td>Negotiations Listening Session</td>
<td>This is a time to listen to our areas of focus as we head into negotiations next year. Come ask questions and share your thoughts.</td>
</tr>
<tr>
<td>Kids 4 CPR</td>
<td>If someone — including you — suddenly collapsed in your classroom would you or your students know what to do? There are precious few minutes to save the life of someone in cardiac arrest. Kauai teacher Briana Martinez is grateful the people around her knew what to do when she suffered a cardiac arrest in school — they saved her life with early chest compressions and early access to a close-by AED. Kids 4 CPR is working to teach students across Hawaii the simple steps and what to do, including doing CPR and how to use an AED. Learn why this is hands-on training program is so important and how you can bring this absolutely free program to your school. You could save a life.</td>
</tr>
<tr>
<td>Retirement... Your Best Years! Session 1 only</td>
<td>HSTA-Retired member alert active teachers of the need to plan for retirement. Information will be shared about retirement updates, estimating expenses, useful websites, and contact information. They'll also have information on unused sick leave, health benefit premiums, post-retirement, and nine steps to a happy retirement.</td>
</tr>
<tr>
<td>ERS Retirement Overview Session 2 only</td>
<td>This Presentation offers a general overview of the Hybrid, Noncontributory, and contributory retirement plans, information provided will help you understand and plan for retirement.</td>
</tr>
<tr>
<td>Highly Effective Teachers: EES Focus Group</td>
<td>The goal of this breakout session is to gather input from those teachers who currently hold a &quot;highly effective&quot; rating. Input will be taken back to the Joint EES Committee to further refine the EES and continue to shape an EES that is valid, valuable and equitable.</td>
</tr>
<tr>
<td>Bess Press Local Publishing</td>
<td>Bess Press is a local publishing company based in Kaimuki on Oahu, providing educators throughout the state of Hawai‘i and the Pacific with core content for Hawaiian Studies / Pacific Island Studies as well as local literature for grades K-12. As the founder of the company over 40 years ago, Buddy Bess will share with educators the available educational resources published through Bess Press and available for classroom use, such as Bilingual Editions of the Island Readers - leveled readers providing place-based local themes, as well as the besspresseducation.com online content platform for Hawaiian and Pacific Island Studies.</td>
</tr>
<tr>
<td>Leading with Aloha</td>
<td>As educators, we have stories to share. Why did we go into teaching? What were experiences that shaped you and influence how you work with students today? How do you want your students to remember you next year, or five, ten, or twenty years from now? Jan is a retired principal and author of “Leading with Aloha: From the Pineapple Fields to the Principal’s Office” which was released in 2019. As a published author, Jan will share her experiences and encourage teachers to tell their stories.</td>
</tr>
<tr>
<td>Your Health Benefits: EUTF and HMSA</td>
<td>Learn more about your health plan benefits from the Employer-Union Health Benefits Trust Fund (EUTF). Then hear from representatives from Kaiser and HMSA health plan options and what you should consider when hear from representatives from Kaiser and HMSA health plan options and what you should consider when selecting a plan that is right for you.</td>
</tr>
<tr>
<td>GLAD work space</td>
<td>Bring your plans or idea and come work on GLAD units or projects. Michele Dellenbach and Suzanne Dadzie will be there to help you and support you where needed.</td>
</tr>
<tr>
<td>NBCT Are you Ready Session 1 only</td>
<td>Are you NBCT ready? The National Board for Professional Teaching Standards (NBPTS) Certification is the highest professional distinction available in education. It benefits students, teachers, and school systems by advancing the quality of teaching and learning. Attend one of our information sessions to learn more about the revised, teacher-friendly process incorporating the latest research in best practices in teaching! Find out about the resources, support and financial incentives offered in Hawaii.</td>
</tr>
<tr>
<td>Donors Choose Work space</td>
<td>Bring a computer and your ideas. Use this time to work on setting up a Donors Choose Project to get needed items for your classroom.</td>
</tr>
<tr>
<td>How to Maximize your Social Security</td>
<td>Social Security can represent 30 – 40% of our retirement income, yet most don't know the extent of benefit options available. Join us as we discuss: Why the Social Security filing decision matters, Basics and rules behind Social Security, How to manage the Social Security discussion and determine the right filing strategy, and How to integrate social Security into a comprehensive retirement income plan.</td>
</tr>
</tbody>
</table>