Sex Abuse Treatment Center – Sexual Violence Prevention Resources

Overview of Sexual Violence and Prevalence:
- National Sexual Violence Resource Center (NSVRC) – provides research and tools to help end sexual harassment, assault, and abuse
- Rape, Abuse & Incest National Network (RAINN) – RAINN is the nation’s largest anti-sexual violence organization
- National Center for Missing and Exploited Children (NCMEC) – As the nation’s nonprofit clearinghouse and comprehensive reporting center for all issues related to the prevention of and recovery from child victimization, NCMEC leads the fight against abduction, abuse, and exploitation – because every child deserves a safe childhood

Childhood Sexual Development:
- NSVRC: An Overview of Healthy Childhood Sexual Development; Adolescent Sexual Development
- The National Child Traumatic Stress Network: Understanding and Coping with Sexual Behavior Problems in Children
- amaze; amaze jr. – Strives to assist adults to communicate effectively and honestly about sex and sexuality with children and adolescents
- Planned Parenthood – Learn for Teens, Parents, and Educators – Provides medically-accurate and comprehensive information on sexual health and healthy relationships, etc.
- The Mama Bear Effect is a nonprofit organization changing the way people think, talk, and respond to child sexual abuse – Infants-Toddlers; Grade School; Tweens and Teens; Children with Disabilities
- Committee for Children: Hot Chocolate Talk Series – Provides how-to guides on navigating safety conversations with youth

Child Sexual Grooming:
- Warning Signs for Young Children (RAINN); Warning Signs for Teens (RAINN)
- Darkness to Light is a non-profit committed to empowering adults to help prevent child sexual abuse – Grooming and Red Flag Behaviors

Disclosures:
- Being a Trusted Adult (NCMEC)
- What You Say to Survivors Matter (RAINN)
- Keep Supporting—How to ‘TALK’ with Survivors after a Disclosure (RAINN)
- Tips for Talking with Survivors of Sexual Assault (RAINN)
- Building Relationships After Suspected Sexual Exploitation (NCMEC)
- Seize the Awkward: (Navigating conversations about mental health) – helpful resource for a different topic that also elicits awkward feelings, but similar recommendations about sexual violence disclosures and creating safe spaces

Additional Resources:
- The [respect] Room podcast by the Sex Abuse Treatment Center
  - Season 1 (2021): Staff and guest speakers talk story on different topics related to sexual violence: Preventing Sexual Grooming (Part I and Part II), From Bystander to UPstander, [respect]fully Caring, and Unpacking Masculinity
  - Season 2 (2022): Adolescents from Hawai‘i share their thoughts on healthy and unhealthy relationships, consent, and online safety.
You can use these videos to introduce topics or supplement in your conversations.

**Consent:**
- Amaze (video) – [Consent and Communication](#)
- YouTube: Consent for Kids
- Honolulu Theatre for Youth – [The HI Way – Season 2: Respect](#)
  - Episode description: Keoki and La’a learn about consent, and the team explores big and small ways that we can show respect
  - Please note: @ 18:25, the characters visit a Shinto Shrine

**Online Safety:**
- NCMEC – Into the Cloud – Seasons 1 and 2 (Elementary): [https://www.missingkids.org/netsmartz/videos](https://www.missingkids.org/netsmartz/videos)

**Childhood Sexual Development:**
- Amaze (video): [What to say when your kids ask “Is playing doctor OK?”](#)

**Healthy Relationships:**
- [love is respect](#) – is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education support, and resources

**Articles:**
- PBS NEWSHOUR, by Saskia de Melker: The case for starting sex education in kindergarten

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**Young Children**

**Tweens and Teens**

You can use these videos to introduce topics or supplement in your conversations.

**Consent:**
- NSVRC – [Your Guide to Consent](#): As kids grow older and pursue romantic/sexual relationships, discuss the importance of consent
- Amaze (video): [Maybe Doesn’t Mean Yes](#)
- Amaze (video): [Consent Explained: What Is It?](#)
- YouTube: Tea Consent (Clean)
- Kapi’olani Community College (video): “Affirmative Consent” (Similar to the Tea video, but uses shave ice instead)

**Sexting:**
- NetSmartz – “Your Photo Fate” video with [Discussion Guide](#): Use this discussion guide to begin age-appropriate and respectful conversations regarding sexting
- NetSmartz – Sextortion: What Parents Should Know
- Thorn (video): [Stop Sextortion](#)

**Articles:**
- Psychology Today: Why Social Media Is Not Smart for Middle School Kids
- New York Times: Kids Are Watching Pornography, Here’s How to Talk About It
### Online Safety:

- Sex Abuse Treatment Center – [Online Safety Conversation Guide](#)
- Common Sense Media: [Family Engagement Toolkit](#) – Supporting healthy media and tech use at school and home
- Common Sense Media – [Family Media Agreement](#)
- American Academy of Pediatrics – [Family Media Plan](#)
- Common Sense Media – [Here’s Real Proof That a Cellphone Contract Works](#)
- NetSmartz – [Parents’ Guide to Smartphone Safety](#)
- National Criminal Justice Training Center of Fox Valley Technical College – [3 Questions for Parents to Ask Their Kids About Their Tech Use](#)

Please contact the Sex Abuse Treatment Center at 808-524-7273 for more resources.