

Sex Abuse Treatment Center – Sexual Violence Prevention Resources

Overview of Sexual Violence and Prevalence:

- [National Sexual Violence Resource Center \(NSVRC\)](#) – provides research and tools to help end sexual harassment, assault, and abuse
- [Rape, Abuse & Incest National Network \(RAINN\)](#) – RAINN is the nation’s largest anti-sexual violence organization
- [National Center for Missing and Exploited Children \(NCMEC\)](#) – As the nation’s nonprofit clearinghouse and comprehensive reporting center for all issues related to the prevention of and recovery from child victimization, NCMEC leads the fight against abduction, abuse, and exploitation – because every child deserves a safe childhood

Childhood Sexual Development:

- NSVRC: [An Overview of Healthy Childhood Sexual Development](#); [Adolescent Sexual Development](#)
- The National Child Traumatic Stress Network: [Understanding and Coping with Sexual Behavior Problems in Children](#)
- [amaze](#); [amaze jr.](#) – Strives to assist adults to communicate effectively and honestly about sex and sexuality with children and adolescents
- [Planned Parenthood – Learn for Teens, Parents, and Educators](#) – Provides medically-accurate and comprehensive information on sexual health and healthy relationships, etc.
- The Mama Bear Effect is a nonprofit organization changing the way people think, talk, and respond to child sexual abuse – [Infants-Toddlers](#); [Grade School](#); [Tweens and Teens](#); [Children with Disabilities](#)
- Committee for Children: [Hot Chocolate Talk Series](#) – Provides how-to guides on navigating safety conversations with youth

Child Sexual Grooming:

- [Warning Signs for Young Children \(RAINN\)](#); [Warning Signs for Teens \(RAINN\)](#)
- Darkness to Light is a non-profit committed to empowering adults to help prevent child sexual abuse – [Grooming and Red Flag Behaviors](#)

Disclosures:

- [Being a Trusted Adult \(NCMEC\)](#)
- [What You Say to Survivors Matter \(RAINN\)](#)
- [Keep Supporting—How to ‘TALK’ with Survivors after a Disclosure \(RAINN\)](#)
- [Tips for Talking with Survivors of Sexual Assault \(RAINN\)](#)
- [Building Relationships After Suspected Sexual Exploitation \(NCMEC\)](#)
- [Seize the Awkward](#): (Navigating conversations about mental health) – helpful resource for a different topic that also elicits awkward feelings, but similar recommendations about sexual violence disclosures and creating safe spaces

Additional Resources:

- [The \[respect\] Room podcast by the Sex Abuse Treatment Center](#)
 - Season 1 (2021): Staff and guest speakers talk story on different topics related to sexual violence: Preventing Sexual Grooming (Part I and Part II), From Bystander to UPstander, [respect]fully Caring, and Unpacking Masculinity
 - Season 2 (2022): Adolescents from Hawai‘i share their thoughts on healthy and unhealthy relationships, consent, and online safety.

- U.S. Dept. of Justice – [Citizen’s Guide to U.S. Federal Law on Child Pornography](#)
- Righttobe.org – [5 D’s of Bystander Intervention](#)
- [It’s Time to Talk \(Planned Parenthood\)](#)

Young Children	Tweens and Teens
<p>You can use these videos to introduce topics or supplement in your conversations.</p> <p><u>Consent:</u></p> <ul style="list-style-type: none"> • Amaze (video) – Consent and Communication • YouTube: Consent for Kids • Honolulu Theatre for Youth – The HI Way – Season 2: Respect <ul style="list-style-type: none"> ○ Episode description: Keoki and La‘a learn about consent, and the team explores big and small ways that we can show respect ○ Please note: @ 18:25, the characters visit a Shinto Shrine 	<p>You can use these videos to introduce topics or supplement in your conversations.</p> <p><u>Consent:</u></p> <ul style="list-style-type: none"> • NSVRC – Your Guide to Consent: As kids grow older and pursue romantic/sexual relationships, discuss the importance of consent • Amaze (video): Maybe Doesn’t Mean Yes • Amaze (video): Consent Explained: What Is It? • YouTube: Tea Consent (Clean) • Kapi‘olani Community College (video): “Affirmative Consent” (Similar to the Tea video, but uses shave ice instead)
<p><u>Online Safety:</u></p> <ul style="list-style-type: none"> • NCMEC – Into the Cloud – Seasons 1 and 2 (Elementary): https://www.missingkids.org/netsmartz/videos 	<p><u>Sexting:</u></p> <ul style="list-style-type: none"> • NetSmartz – “Your Photo Fate” video with Discussion Guide: Use this discussion guide to begin age-appropriate and respectful conversations regarding sexting • NetSmartz – Sextortion: What Parents Should Know • Thorn (video): Stop Sextortion
<p><u>Childhood Sexual Development:</u></p> <ul style="list-style-type: none"> • Amaze (video): What to say when your kids ask “Is playing doctor OK?” 	<p><u>Healthy Relationships:</u></p> <ul style="list-style-type: none"> • love is respect – is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education support, and resources
<p><u>Articles:</u> PBS NEWSHOUR, by Saskia de Melker: The case for starting sex education in kindergarten</p>	<p><u>Articles:</u></p> <ul style="list-style-type: none"> • Psychology Today: Why Social Media Is Not Smart for Middle School Kids • New York Times: Kids Are Watching Pornography, Here’s How to Talk About It

Online Safety:

- Sex Abuse Treatment Center – [Online Safety Conversation Guide](#)
- Common Sense Media: [Family Engagement Toolkit](#) – Supporting healthy media and tech use at school and home
- Common Sense Media – [Family Media Agreement](#)
- American Academy of Pediatrics – [Family Media Plan](#)
- Common Sense Media – [Here's Real Proof That a Cellphone Contract Works](#)
- NetSmartz – [Parents' Guide to Smartphone Safety](#)
- National Criminal Justice Training Center of Fox Valley Technical College – [3 Questions for Parents to Ask Their Kids About Their Tech Use](#)

Please contact the Sex Abuse Treatment Center at 808-524-7273 for more resources.